



NYMEX Market Settles

Natural Gas Settle Prices	7/22/26	7/21/26	Change
Aug-26	\$2.925	\$2.865	\$0.060
Sep-26	\$2.898	\$2.839	\$0.059
Oct-26	\$2.926	\$2.873	\$0.053
Nov-26	\$3.134	\$3.077	\$0.057
Dec-26	\$3.789	\$3.718	\$0.071
Jan-27	\$4.220	\$4.141	\$0.079
Feb-27	\$3.825	\$3.749	\$0.076
Mar-27	\$3.018	\$2.972	\$0.046
Apr-27	\$2.852	\$2.812	\$0.040
May-27	\$2.840	\$2.802	\$0.038
Jun-27	\$2.973	\$2.936	\$0.037
Jul-27	\$3.181	\$3.145	\$0.036
Aug-27	\$3.249	\$3.214	\$0.035
Sep-27	\$3.226	\$3.191	\$0.035
Oct-27	\$3.305	\$3.270	\$0.035
Nov-27	\$3.555	\$3.520	\$0.035
Dec-27	\$4.191	\$4.158	\$0.033
Jan-28	\$4.616	\$4.583	\$0.033
Feb-28	\$4.159	\$4.123	\$0.036
Mar-28	\$3.398	\$3.366	\$0.032
Apr-28	\$3.139	\$3.108	\$0.031
May-28	\$3.123	\$3.089	\$0.034
Jun-28	\$3.253	\$3.219	\$0.034
Jul-28	\$3.463	\$3.425	\$0.038
Aug-28	\$3.528	\$3.489	\$0.039
Sep-28	\$3.504	\$3.465	\$0.039
Oct-28	\$3.559	\$3.525	\$0.034
Nov-28	\$3.754	\$3.717	\$0.037
Dec-28	\$4.340	\$4.300	\$0.040
Jan-29	\$4.760	\$4.715	\$0.045
Feb-29	\$4.335	\$4.307	\$0.028
Mar-29	\$3.454	\$3.432	\$0.022
Apr-29	\$3.146	\$3.125	\$0.021
May-29	\$3.124	\$3.103	\$0.021
Jun-29	\$3.237	\$3.216	\$0.021
Jul-29	\$3.450	\$3.429	\$0.021
Aug-29	\$3.506	\$3.485	\$0.021
Sep-29	\$3.491	\$3.470	\$0.021
Oct-29	\$3.560	\$3.536	\$0.024
Nov-29	\$3.716	\$3.691	\$0.025
Dec-29	\$4.295	\$4.269	\$0.026
Jan-30	\$4.733	\$4.707	\$0.026
Feb-30	\$4.309	\$4.283	\$0.026
Mar-30	\$3.474	\$3.448	\$0.026
Apr-30	\$3.094	\$3.068	\$0.026
May-30	\$3.047	\$3.020	\$0.027
Jun-30	\$3.174	\$3.147	\$0.027
Jul-30	\$3.415	\$3.388	\$0.027
Aug-30	\$3.450	\$3.420	\$0.030
Sep-30	\$3.414	\$3.383	\$0.031

Data Source: New York Mercantile Exchange

E.I.A. Storage Data - Next report: 7/23/26, 10:30 EDT, for week ending July 17, 2026			
Region	Week Ended 7/10/26	Prior Week	Change
East	614	600	14
Midwest	749	729	20
Mountain	240	236	4
Pacific	319	319	0
South Central	1,103	1,100	3
TOTAL	3,024	2,983	41
Prior Year	3,045	2,998	47
5-year avg	2,843	2,798	45
Current Year vs. Prior Year	-21	-15	-6
Current Year vs. 5-yr Avg.	181	185	-4

Natural Gas Strips (\$/MMBtu)	7/22/26	7/21/26	Change
1-yr strip (Aug '26- Jul '27)	\$3.215	\$3.161	\$0.054
Balance 2026	\$3.134	\$3.074	\$0.060
Q4 2026	\$3.283	\$3.223	\$0.060
Q1 2027	\$3.688	\$3.621	\$0.067
Q2 2027	\$2.888	\$2.850	\$0.038
Q3 2027	\$3.219	\$3.183	\$0.035
Q4 2027	\$3.684	\$3.649	\$0.034
Q1 2028	\$4.058	\$4.024	\$0.034
Q2 2028	\$3.172	\$3.139	\$0.033
Q3 2028	\$3.498	\$3.460	\$0.039
Q4 2028	\$3.884	\$3.847	\$0.037
12-month strip	\$3.215	\$3.161	\$0.054
24-month strip	\$3.386	\$3.341	\$0.044
36-month strip	\$3.485	\$3.445	\$0.040
48-month strip	\$3.526	\$3.490	\$0.036
60-month strip	\$3.537	\$3.503	\$0.034
Cal '27	\$3.370	\$3.326	\$0.044
Cal '28	\$3.653	\$3.617	\$0.036
Cal '29	\$3.673	\$3.648	\$0.025
Cal '30	\$3.621	\$3.593	\$0.028
Cal '31	\$3.571	\$3.554	\$0.017
Cal '32	\$3.451	\$3.439	\$0.012
Cal '33	\$3.329	\$3.317	\$0.012
Cal '34	\$3.325	\$3.313	\$0.012
Cal '35	\$3.355	\$3.343	\$0.012
Cal '36	\$3.463	\$3.451	\$0.012
Cal '37	\$3.568	\$3.556	\$0.012

Data Source: New York Mercantile Exchange

NYMEX Liquids	Prompt	Q4 '26	12-Month
Crude	\$86.83	\$78.83	\$76.82

Data Source: New York Mercantile Exchange

Prompt Month	NYMEX August 2026 Natural Gas	7/29/26
Contract Expiration	NYMEX August 2026 Crude Oil	7/21/26

NYMEX CONTRACT EXPIRATIONS	Natural Gas	Crude Oil
Jan 2026:	12/29/25	12/19/25
Feb 2026:	1/28/26	1/20/26
Mar 2026:	2/25/26	2/20/26
Apr 2026:	3/27/26	3/20/26
May 2026:	4/28/26	4/21/26
Jun 2026:	5/27/26	5/19/26
Jul 2026:	6/26/26	6/22/26
Aug 2026:	7/29/26	7/21/26
Sep 2026:	8/27/26	8/20/26
Oct 2026:	9/28/26	9/22/26
Nov 2026:	10/28/26	10/20/26
Dec 2026:	11/25/26	11/20/26

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